

WeakRisk: all in one platform!

WeakRisk is an innovative platform that revolutionizes the world of soccer:

- ❖ Improving the performance of players.
- ❖ Preventing injuries.
- ❖ Optimizing recovery processes.
- ❖ Increasing synergies among staff.

Provides comprehensive control of the sports club on all activities carried out up to the management camps, medical equipment and drugs.



Targeted data analysis for injury prevention

Historical data

WeakRisk analyzes historical injury data, identifying recurring patterns and risk factors specific to your team's player.

Real-time analysis

The management of workloads with different metrics, highlight anomalies and potential risks, allowing timely intervention for player protection.

Specific training to improve performance

Individual workouts

WeakRisk creates customized training plans tailored to the physical characteristics and needs of each player to optimize performance.

Load management

WeakRisk monitors the intensity and duration of workouts, ensuring a balanced workload and the prevention of fatigue and injury.

Analysis of progress

WeakRisk constantly tracks each player, adjusting training plans based on the data obtained and specific goals. Reporting is its strength!

Continuous monitoring of physical condition



Cardiac monitoring

WeakRisk tracks heart rate, heart rate variability, and other vital parameters, providing a comprehensive view of the players' health status.



Analysis

WeakRisk currency strength, resistance, and the capacity of recovery, identifying potential imbalances and risks. The App available to the player is an added value.



Sleep monitoring

WeakRisk monitors players' sleep quality, a crucial factor in performance and recovery from injury.

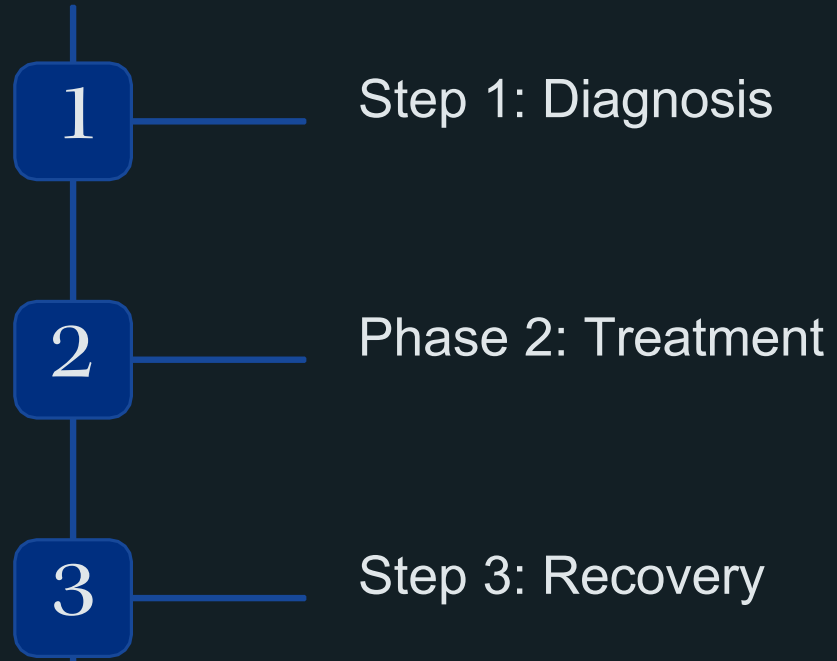


Player load management

WeakRisk provides real-time status of the workloads the player is subjected to.



Recovery protocols for injuries



Integrated management of physical therapy and rehabilitation

1

2

3

1 Monitoring

2 Programming

3 Communication

Advanced reporting to assess the effectiveness of interventions

1

Injury data

WeakRisk provides detailed data on injury trends, recovery times, and risk factors.

2

Player performance

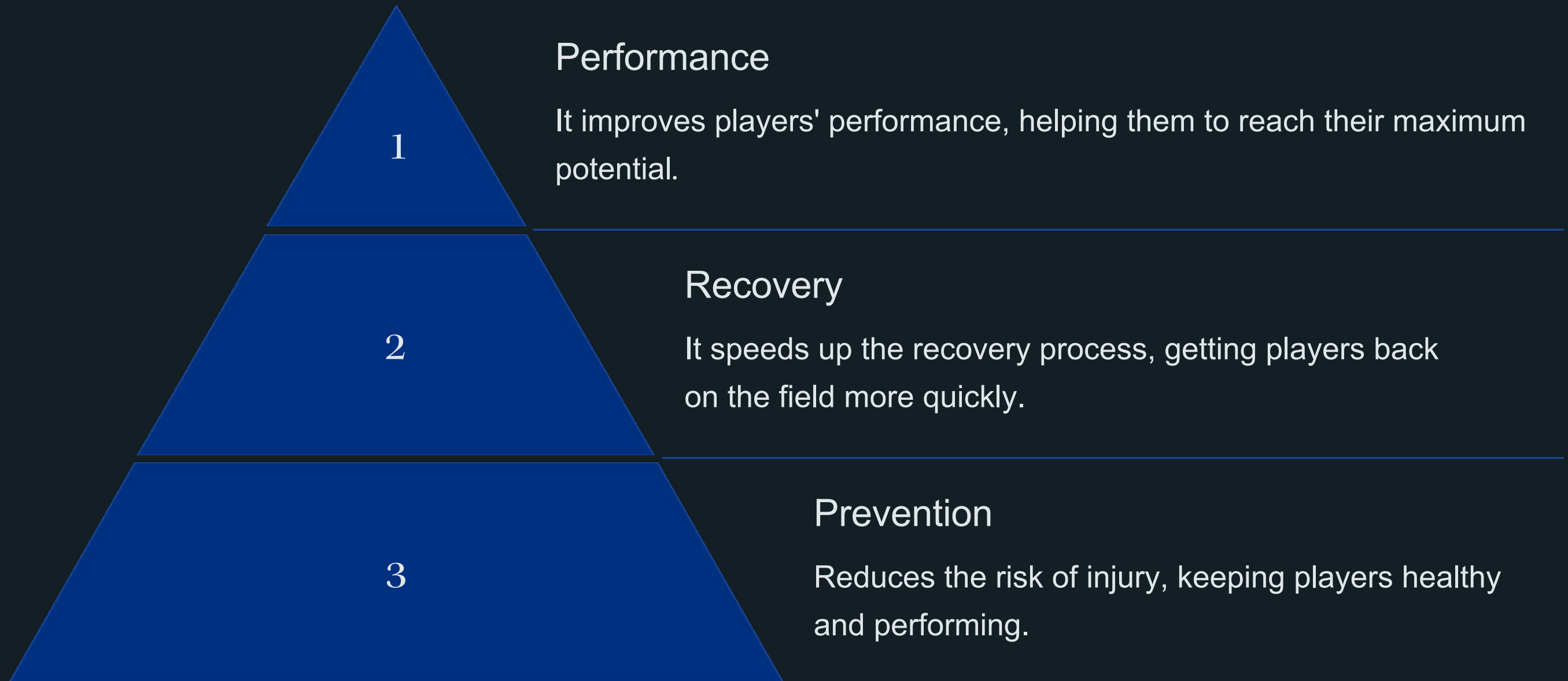
WeakRisk offers in-depth analysis of player performance, highlighting areas for improvement.

3

Effectiveness of interventions

WeakRisk evaluates the effectiveness of training and recovery protocols, helping you optimize your strategies.

Conclusions and benefits of WeakRisk





WeakRisk and you are already in the future!

WeakRisk increases synergy between medical and technical staffs by providing a single platform for comprehensive club management. WeakRisk Sport Solutions, "The future of soccer for the soccer of the future."

RECAPS

